Town of Newington, Ct
Trails Guide

Trails

A. Bike path
B. Cedar Mountain Ridgeline Preserve Greenway
C. High School - Mill Brook - Town Hall Greenway
D. Indian Hill - Town Ctr - Cedar Mt Greenway
E. Rock Hole - Webster Brook Greenway
F. Twenty Rod Road Greenway
G. Churchill Park Trail
H. Mill Pond Trail

www.newingtonct.gov/parksandrec
Newington Bike Trail is a multi loop trail that travels over town streets and through several off-road green space areas. This unmarked trail passes by Town Hall, Newington High School and the athletic fields, as well as the Veteran’s Hospital.

Approximate circuit distance: 8 miles

Parking: Parking is available along the path at 3 locations- Newington High School, Martin Kellog School, and Elizabeth Green School.

Traffic: Bicyclists are required to observe all traffic laws. Always ride on the right side of the road in single file. Use standard hand gestures to signal all turns to alert motorists.

Town Park Hours: Hours for access to all Town parks are dawn to dusk.

Parts of trail handicapped accessible
Cedar Mountain is a trail that follows along the Town of Newington Greenway with a side trail leading to the Cedar Mountain overlook area. **EXERCISE EXTREME CAUTION IN THE OVERLOOK AREA.** The overlook offers a dramatic view of the entire town and surrounding area.

**Approximate circuit distance:** 0.5 miles. Please exercise caution and judgment in the area of the overlook.

**Parking:** On-street parking available on Mountain Road. Access Mountain Road off of Genova Drive. There is no access from East Cedar Street.

**Town Park Hours:** Hours for access to all Town Parks are dawn to dusk.
Mill Brook Trail is a moderate length trail that can begin at Town Hall and end at the High School sports fields, or vice versa. It offers a lightly wooded section at the end of Mill Street Extension and open green space near the High School and Veteran's Hospital. The terrain is easy and mostly smooth.

Approximate circuit distance: 1.4 miles

Parking: Parking is available at each end of the trail. A lot is open near the High School sports fields on Alumni Road and at the Town Hall Parking lot off of Garfield Street.

Town Park Hours: Hours for access to all Town Parks dawn to dusk.
Indian Hill Trail is the second longest trail in town. It passes Mill Pond Park and the landmark waterfall, the symbol for the Town of Newington. It also passes near and around the Indian Hill Golf course before ending at the end of Liberty Street.

**Approximate circuit distance:** 4 miles

**Parking:** On-street and off-street parking is available along the path at 3 locations- Genova Drive at Mountain Road, Town Hall parking lot on Garfield Street, and at the end of Liberty Street.

**Town Park Hours:** Hours for access to all Town Parks are dawn to dusk.
Rock Hole Trail begins over at the Clem Lemier Field and ends at Young Farm. The trail passes by Paterson and Wallace schools and offers a trek through Young Farm. In the wooded area near the school, you will find multiple trail options- some blazed and marked. Maintain the intended direction, and they all converge back on the trail noted here. The trail terrain ranges from easy to difficult with the difficult portion being in the wooded area.

**Approximate circuit distance:** 1.44 miles

**Parking:** Parking is available along the path at 3 locations- Paterson and Wallace schools, Clem Lemire Field, and Stonehedge Drive.

**Town Park Hours:** Hours for access to all Town Parks are dawn to dusk.
Newington Greenway is a quick and straight one mile "walk in the woods" along an established town greenway.

Approximate trail distance: 1 miles

Parking: On-street parking is available along the path at the southern end of the trail along Little Brook and Stage Coach.

Town Park Hours: Hours for access to all Town Parks are dawn to dusk.
Churchill Park Trail is a marked trail that winds its way through a wooded area of Churchill park. It features a wetlands boardwalk and exits near the Clem Lemire sports fields. Churchill Park boasts several recreational facilities for your enjoyment.

Approximate circuit distance: 0.25 miles

Parking: Parking is available at Churchill Park and the Clem Lemire sports complex.

Town Park Hours: Hours for access to all Town Parks are dawn to dusk.
Mill Pond Trail is just less than a half mile loop around Mill Pond. It passes over the Town Waterfall, symbolic icon for the Town of Newington, as well as several recreational facilities and the pond gazebo. Friendly leashed dogs are welcome when accompanied by conscientious owners.

Approximate circuit distance: 0.4 miles

Parking: Municipal parking lot located adjacent to Garfield Street or Browning Avenue.

Town Park Hours: Hours for access to all Town Parks are dawn to dusk.

Handicapped accessible