

COMMUNITY RENEWAL TEAM **JANUARY** 2026 CONGREGATE MENU Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY - CRT	THURSDAY - CRT	FRIDAY
<p>Please call 860-665-8778 before 11:30am the day before you wish to eat lunch or to cancel</p>		<p>Please be advised that our food may be in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise staff of your allergen prior to meal service !</p>	<p>1</p> <p><b>Center Closed</b>  HAPPY NEW YEAR!</p>	<p>2</p> <p>Hot Dog Baked Beans Fruit Salad  Sam's Club</p>
<p>5</p> <p>Grilled Chicken Wraps Fruit  Newington Pizza</p>	<p>6</p> <p>Meatball Sandwich Chips Dessert</p>	<p>7</p> <p>Beef Patty w/ Beef Gravy Sweet Potato Wedges 4-Way Veggies Wheat Bread Fresh Fruit</p>	<p>8</p> <p>Juice Sweet &amp; Sour Diced Pork Yellow Rice Peas &amp; Diced Carrots Wheat Bread Cookie</p>	<p>9</p> <p>Salad w/ Grilled Chicken Roll Fruit  Sam's Club</p>
<p>12</p> <p>Marinated Chicken Rice Fruit  Rockin' Chicken</p>	<p>13</p> <p>Shells w/ Sauce Salad Bread  Steve's Place</p>	<p>14</p> <p>Sticky Honey Garlic Meatballs White Rice Spinach Wheat Bread Fresh Fruit</p>	<p>15</p> <p>Juice Brown Sugar Glazed Baked Ham Au Gratin Potatoes Prince Edward Veggies Wheat Bread Wholegrain Fruit Bar</p>	<p>16</p> <p>Ham Grinder Pretzels  Newington Pizza</p>
<p>19</p> <p><b>Center Closed for MLK Holiday</b></p>	<p>20</p> <p><b>Nat'l Cheese Lover's Day</b> Cheese Pizza Cheesecake  Elm Hill</p>	<p>21</p> <p>MILD Salsa Baked Chicken Drumstick Yellow Rice w/ Black Beans California Veggies Wheat Bread Fresh Fruit</p>	<p>22</p> <p>Juice Ground Beef Stuffed Pepper Mixed Veggies Dinner Roll Yogurt Cup</p>	<p>23</p> <p>Tuna Grinder Chips Fruit  Veggie World</p>
<p>26</p> <p>Brown Bag Lunch  Mapleview</p>	<p>27</p> <p>Chicken Tenders Cole Slaw Mac &amp; Cheese  Haven Hot Chicken</p>	<p>28</p> <p>Juice Salisbury Steak w/ Gravy Cornbread Stuffing 5-Way Veggies Blend Wheat Bread Fresh Fruit</p>	<p>29</p> <p>MILD White Turkey Chili w/ Beans White Rice Veg Medley Cornbread Loaf Fresh Fruit</p>	<p>30</p> <p>Meat Lasagna Bread Fruit  Italian Gourmet</p>

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses  
All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00 or what you can afford.** Menu is subject to change.