

COMMUNITY RENEWAL TEAM JANUARY 2026 CONGREGATE MENU Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY - CRT	THURSDAY - CRT	FRIDAY
5	6	7	8	9
Grilled Chicken Wraps Fruit Newington Pizza	Meatball Sandwich Chips Dessert	Beef Patty w/ Beef Gravy Sweet Potato Wedges 4-Way Veggies Wheat Bread Fresh Fruit	Sweet & Sour Diced Pork Yellow Rice Peas & Diced Carrots Wheat Bread Cookie	Salad w/ Grilled Chicken Hot Dog Baked Beans Fruit Salad Sam's Club
12	13	14	15	16
Marinated Chicken Rice Fruit Rockin' Chicken	Shells w/ Sauce Salad Bread	Sticky Honey Garlic Meatballs White Rice Spinach Wheat Bread Fresh Fruit	Juice Brown Sugar Glazed Baked Ham Au Gratin Potatoes Prince Edward Veggies Wheat Bread Wholegrain Fruit Bar	Ham Grinder Pretzels Newington Pizza
19	20	21	22	23
Center Closed for MLK Holiday	Nat'l Cheese Lover's Day Cheese Pizza Cheesecake	MILD Salsa Baked Chicken Drumstick Yellow Rice w/ Black Beans California Veggies Wheat Bread Fresh Fruit	Juice Ground Beef Stuffed Pepper Mixed Veggies Dinner Roll Yogurt Cup	Tuna Grinder Chips Fruit Veggie World
26	27	28	29	30
Brown Bag Lunch Mapleview	Chicken Tenders Cole Slaw Mac & Cheese Haven Hot Chicken	Juice Salisbury Steak w/ Gravy Cornbread Stuffing 5-Way Veggies Blend Wheat Bread Fresh Fruit	MILD White Turkey Chili w/ Beans White Rice Veg Medley Cornbread Loaf Fresh Fruit	Meat Lasagna Bread Fruit Italian Gourmet

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread, and margarine. **SUGGESTED DONATION: \$3.00 or what you can afford.** Menu is subject to change.