MEMBERS PRESENT
Karen Brecher
Kathy Sobieski
Maureen Lynch
Terri Lapenta-Duffek
Therese Nadeau (on telephone)
Mary Udice

MEMBERS ABSENT
Patricia Hanbury
Jerilyn Nagel
Sandy Nafis

STAFF
Dianne Stone
Jaime Trevethan
Gail Whitney

TOWN COUNCIL LIAISONS ABSENT
Carol Anest
Gail Budrejko

I. CALL TO ORDER
Karen Brecher called the Commission on Aging and Disabled meeting to order at 6:04 PM. Karen asked the Commission for a motion to add Wall of Honor to the agenda under New Business.

MOTION: Maureen Lynch made a motion to add Wall of Honor to the agenda under New Business, Kathy Sobieski seconded the motion, all were in favor, and the motion passed with a 6-0 vote.

II. PLEDGE OF ALLEGIANCE

III. PUBLIC PARTICIPATION
There was no Public Participation.

IV. APPROVAL OF MINUTES OF APRIL 3, 2019
The Commissioners approved the minutes of April 3, 2019.

V. STAFF REPORT
Dianne reported that April was a very business month, starting with a program on Cutting the Cord on April 1st, which was also held again today on May 1st, with 50 people total in attendance. Programs included a movie on the big screen with 30 people in attendance, tech help, Giving Garden on April 5th where they talked about seed starting and recruited volunteers, plant sale at the Library’s book sale which made close to $400 with plants that were started by seed or that the gardeners brought from home – there will be another plant sale at either the Volunteer Dinner or the Library’s 5K Race. One of the Dial-
A-Ride drivers nurtures house plants and she brought those to the plant sale and sold them. Other programs included WISE at CCSU where the Center works with the English Department and discussed human experience across a life span — there were six attendees and all classes are held at CCSU. Veteran’s Coffee Hour was held, a breast cancer awareness program, drum circle experience with Tim Kane who is a drummer and instructor, how to be aware of your surroundings, Medicare, spring art canvas class, and on-going evidence based programs Tai Chi for better balance, Matter of Balance, and Aging Mastery Balance. The Senior Prom will be held on May 3rd.

Dianne has mentioned the CRT congregant meals over the months to the Commission. The Center was cautioned several months ago that there was not enough money to provide meals and CRT may have to close 21 days from June 1 through September 30. Then CRT gave a two day notice that they would close for one full week every month. Dianne explained that this is not acceptable because this program is more than nutrition, it is also prevents isolation. Dianne has contacted the legislators and the Department of Aging. CRT has asked the towns that they serve to vote on what days they would be able to not provide meals. At this time the meals will not be served every Wednesday and five additional days. Dianne explained that this will not be announced to the participants of this program as other arrangements will be made to provide meals on those days, as has happened in the past with chili and pizza days. There may be a fee for these meals, instead of the suggested donation on the days that CRT provides meals. The Older Americans Act says that a fee can’t be charged, but a suggested donation of $2.50 is voluntary. This does not affect the Meals-On-Wheels program.

Dianne then spoke about the Lyft grant which she had mentioned at the April meeting. The National Council on Aging is partnering with Lyft with an initiative on helping older adults with ride sharing. An RFP went out to three communities: Newington, Connecticut, Brookline, Massachusetts, and San Diego, California. The Center will be working with Lyft and the National Council on Aging from now through September/October to get 150 people engaged in educating them about this program. The grant is for $10,000 which can be used for educational forums, an exhibit at the Extravaganza, mailings, and Lyft and Lunch days where Lyft will pick up a person and bring them to a restaurant for a meal and information on the program. An advisory group will be created to discuss safety issues and logistics. Lyft reservations will be done through the Center.

Dianne went to Washington, DC to testify before Congress regarding Social Security. This was a great experience and her interview is on the Ways and Means Committee’s Facebook page and Twitter account. The hearing process went fine, and although Social Security is not an area of her expertise she is very familiar with it now. Dianne also went to New Orleans for the Aging in America Conference where she attended some great sessions. There was a lot of focus on transportation, autonomous vehicles, looking at mobility as a service, and services that people will need as they age in the community. An example that was used was that Amazon is able to deliver packages by the next day, so why can’t older Americans get to the grocery store. Dianne also serves on the transportation task force for the State of Connecticut.

A. Door Counters

For the month of April the door counters were 9,480 which is up 7% over last April.

VI. MONTHLY TOWN MANAGER’S REPORT

This is available on-line. The Commissioners decided to take this item off the Agenda.
VII. **OLD BUSINESS**

A. **Self-Assessment**

The binder is being finalized.

B. **Purchase Requests**

There were no Purchase Requests.

C. **Budget**

The fitness equipment request was removed, and then put back in.

VIII. **NEW BUSINESS**

A. **Elections**

Maureen Lynch nominated Karen Brecher to serve as Chairperson, Kathy Sobieski seconded the nomination. Karen Brecher asked three times if there were any other nominations. The nomination of Karen Brecher as Chairperson was unanimously approved with a 6-0 vote.

Mary Udice nominated Maureen Lynch to serve as Vice-Chairperson, Terri Lapenta-Duffek seconded the nomination. Karen Brecher asked three times if there were any other nominations. The nomination of Maureen Lynch as Vice-Chairperson was unanimously approved with a 6-0 vote.

Karen Brecher nominated Therese Nadeau to serve as Secretary, Kathy Sobieski seconded the nomination. Karen Brecher asked three times if there were any other nominations. The nomination of Therese Nadeau as Secretary was unanimously approved with a 6-0 vote.

B. **Wall of Honor**

Kathy Sobieski reported that the Wall of Honor subcommittee met this evening to review the applications that were submitted for the Wall of Honor. The subcommittee came to a consensus to bring forth three individuals to the Commission on Aging and Disabled for approval for this year's Wall of Honor recognition. Chylene Pender who volunteers around the community, along with one of the founding people of the Center's trip committee, puts in numerous volunteer hours, and once served as the Senior Club’s president. Marie Damotta also serves on the trip committee, and logged 400 hours in 2018 volunteering in the coffee shop. Maryann Wilk volunteers in event planning, and signs in people for the congregant meal. Dianne stated that the Center’s staff supports these three nominations. Dianne commented that she appreciates the work of the subcommittee, and there was a very good discussion on the nominations at the meeting this evening. **MOTION: Kathy Sobieski made a motion to accept the three nominations for the Wall of Honor recognition as presented, Mary Udice seconded the motion, all were in favor, and the motion was passed unanimously with a 6-0 vote.**

The annual Volunteer Dinner is scheduled for May 28th and will be catered by the Jefferson House. Kathy asked if she would be able to purchase two sheet cakes for the Volunteer Dinner instead of the Klondike Bars. Dianne explained that for years the person who coordinated the Volunteer Dinner always wanted either Klondike Bars or the Hood ice cream cups, and that there is no need for Kathy to purchase the sheet cakes, this can be purchased with the money allocated for the Volunteer Dinner.
Dianne also thanked Kathy for providing feedback because she welcomes hearing feedback on this dinner. Dianne also explained that someone asked for entertainment during the dinner and Clark Castelle played the piano, and then there were complaints that people couldn’t hear each other during the piano playing. Clark will be asked to return again this year to play the piano but in the foyer.

Dianne updated the Commission on the Medicare savings plan, and that the legislature wanted to have an asset test and change the eligibility. Matt Lesser serves on the Appropriations Committee which voted against the asset test.

IX. **AGENDA FOR JUNE MEETING**

Remove Elections and Wall of Honor under New Business, remove Budget from Old Business, and remove Town Manager’s Report.

X. **PUBLIC PARTICIPATION**

There was no Public Participation.

XI. **ADJOURNMENT**

MOTION: Mary Udice made a motion to adjourn, Maureen Lynch seconded the motion, and the monthly meeting of the Commission on Aging and Disabled adjourned at 7:13 PM with a 6-0 vote.

The next meeting of the Commission on Aging and Disabled is Wednesday, June 5, 2019 at 6:00 PM.

Respectfully Submitted,

\[Signature\]

Gail Whitney, Commission Clerk