COMMISSION ON AGING AND DISABLED
REGULAR MEETING
APRIL 3, 2019

MEMBERS PRESENT
Kathy Sobieski
Jerilyn Nagel
Maureen Lynch
Terri Lapenta-Duffek
Therese Nadeau (on telephone)
Mary Udice

MEMBERS ABSENT
Karen Brecher
Patricia Hanbury
Sandy Nafis

STAFF
Dianne Stone
Jaime Trevethan
Gail Whitney

TOWN COUNCIL LIAISONS
Gail Budrejko

TOWN COUNCIL LIAISONS ABSENT
Carol Anest

I. CALL TO ORDER
Maureen Lynch called the Commission on Aging and Disabled meeting to order at 6:02 PM.

II. PLEDGE OF ALLEGIANCE

III. PUBLIC PARTICIPATION
There was no Public Participation.

IV. APPROVAL OF MINUTES OF MARCH 3, 2019
The Commissioners approved the minutes of March 3, 2019.

V. STAFF REPORT
Dianne reported that March was very busy with programs like paint and sip, the garden club is off to a great start and held a program at the library, there will be a plant sale at the library’s book sale on April 26-28 with great bargains on seeds and plants – the garden club is looking for more volunteers, needle felt craft, Veteran’s Coffee Hour, March 15th there was a legislative update and community conversation with the local legislators with 60 people in attendance with lots of good questions, how to keep your heart healthy, chef demo. The Aging Mastery Program 10 week session will begin soon; there was a one time class on aspirations and bucket list as part of the Aging Mastery Program. April programs began on April 1st with Cut The Cord which was very popular and has a waiting list – another program will be held
on April 29th. The WISE program with CCSU is an intergenerational program that will discuss human experience across life spans — people are still being recruited for this program which will take place at CCSU and transportation will be provided. Other April programs include wound care, diabetes care, genetics and breast cancer, drum circle, how to be aware of your surroundings, Medicare, mixed media art class, and matter of balance.

The National Council on Aging is providing an opportunity for the Newington Senior and Disabled Center to pilot a program on how older adults will be able to use Lyft, a transportation service. Only three sites in the country have been offered this pilot program, and Newington is one of them. This is a six month program with a grant of $10,000, however none of the money is for staffing. The Center will put on programs and events for public awareness, have a table at the Extravaganza, and maybe a Lyft and Lunch event at a local restaurant. Dianne is the chairperson of the Task Force for Transportation at the State Capitol and she has been invited to appear before the US Congress Ways and Means Committee’s Social Security Subcommittee on Wednesday April 10th to speak on the importance of social security in this area.

A. Door Counters

Dianne did not have the numbers for the month of March.

VI. MONTHLY TOWN MANAGER’S REPORT

Dianne did not have a copy of the Town Manager’s report to distribute, but indicated that the Commissioners can go online to the Town Manager’s report to read it.

VII. OLD BUSINESS

A. Self-Assessment

Dianne reported that the final review of the accreditation notebook is complete. She has spoken with the national coordinator and the Center is all set to submit this notebook this month.

B. Purchase Requests

Dianne stated she had no purchase requests today, but there will be one in the future. The accounts presently have approximately $146,000. The auditorium chairs are starting to reach a state where they will need to be thrown out. 100 chairs will need to be purchased at a cost of $250-$300 per chair. Dianne hopes that the Facilities Department will be able to make this purchase before the Center has to pay for them.

C. Budget

There are no changes to the Center’s budget as submitted.

VIII. NEW BUSINESS

There was no New Business.
IX. AGENDA FOR MAY MEETING

Add Elections and Wall of Honor under New Business. Dianne indicated that a subcommittee is usually formed to review the nominations for the Wall of Honor. Maureen asked who would like to serve on this subcommittee which will meet prior to the May Commission meeting. Maureen, Mary Udice, and Kathy Sobieski will be on this subcommittee.

X. PUBLIC PARTICIPATION

There was no Public Participation.

XI. ADJOURNMENT

The Commission on Aging and Disabled adjourned at 6:30 PM.

The next meeting of the Commission on Aging and Disabled is Wednesday, May 1, 2019 at 6:00 PM.

Respectfully Submitted,

Gail Whitney, Commission Clerk