1. PLEDGE OF ALLEGIANCE
2. ROLL CALL
3. APPROVAL OF AGENDA
4. PROCLAMATIONS/AWARDS
   A. Retirement – Detective Laurence DeSimone, NPD
5. PRESENTATIONS
   A. Greater Hartford Mobility Study
6. PUBLIC PARTICIPATION – IN GENERAL (Via Zoom Application or Phone)
   (3 MINUTE TIME LIMIT PER SPEAKER ON ITEMS IN GENERAL)
   A. Public Comments
   B. Email Correspondence
7. REMARKS BY COUNCILORS ON PUBLIC PARTICIPATION
8. CONSIDERATION OF OLD BUSINESS
   A. Proposed Fee Schedule for Fire Department & Fire Marshal’s Office
   B. Fire Department Apparatus Replacement – Engine 2
      1. Introduction of Ordinance & Scheduling of Public Hearing
9. REFUNDS (Action Requested)
   A. Approval of August 16, 2022 Refunds for an Overpayment of Taxes
10. MINUTES OF PREVIOUS MEETINGS
   A. July 20, 2022 Public Hearing Minutes
   B. July 20, 2022 Special Meeting Minutes
   C. July 26, 2022 Public Hearing Minutes
   D. July 26, 2022 Regular Meeting Minutes
11. NEW BUSINESS
   A. Financial Information Access MOU (Town & BOE)
12. WRITTEN/ORAL COMMUNICATIONS FROM THE TOWN MANAGER
13. COUNCIL LIAISON/COMMITTEE REPORTS

14. PUBLIC PARTICIPATION – IN GENERAL *(Via Zoom Application or Phone)*
(3 MINUTE TIME LIMIT PER SPEAKER ON ITEMS IN GENERAL)

15. REMARKS BY COUNCILORS

16. INFORMATIONAL ITEMS
   A. Human Services Newsletter

17. ADJOURNMENT
AGENDA ITEM__4.A
DATE: __8/16/2022_________
RESOLUTION NO. 2022-____

PROCLAMATION

WHEREAS, Laurence DeSimone was hired as a Police Officer for the Town of Newington on July 18, 2002; and

WHEREAS, Officer Laurence DeSimone was appointed to the Emergency Response Team June 2004 to November 2011 and December 2014 through July 2022; and

WHEREAS, In June 2004, Laurence DeSimone was appointed to Field Training Officer; and

WHEREAS, On April 27, 2008, Laurence DeSimone was promoted to Detective; and

WHEREAS, Detective Laurence DeSimone received a Good Performance Recognition in February 2005; and

WHEREAS, Detective Laurence DeSimone received a Distinguished Service Award in February 2006 and an Excellence in Policing Award in December of 2007; and

WHEREAS, In July 2009, Detective Laurence DeSimone received the Arrest/Investigation of the Month from the Detective Division; and

WHEREAS, Detective Laurence DeSimone received the Distinguished Service Award for the January 19, 2014 incident and received the Outstanding Investigative Work Commendation for the February 27, 2015 incident; and

WHEREAS, On May 21, 2019, Detective Laurence DeSimone received an Excellence in Policing Citation;

WHEREAS, Detective Laurence DeSimone received commendation letters from surrounding police departments including Wethersfield, New Britain and Central CT State University Police Departments, the State Attorney’s Office and various companies; and

WHEREAS, Detective Laurence DeSimone received various letters and thank you notes of appreciation from residents and citizens; and

WHEREAS, After 20+ years of service, Detective Laurence DeSimone retired from the Newington Police Department on July 31, 2022; and

NOW THEREFORE BE IT RESOLVED, that the Newington Town Council hereby recognizes and extends its sincere appreciation to Detective Laurence DeSimone for his professional service and dedication to the Town and wishes him the best in his retirement.

Dated in Newington, Connecticut, this 16th day of August, 2022.

Beth DelBuono, Mayor

MOTION BY:__________________________
SECONDED BY:_____________________
VOTE:______________________________
MEMORANDUM

To: Newington Town Council
From: James E. Krupienski, Town Clerk (on behalf of Keith Chapman, Town Manager)
Date: August 11, 2022
Re: Presentation – Greater Hartford Mobility Study

Below is an excerpt from the mobility site addressing and identifying mobility challenges within the Greater Hartford region and the reason for the study. Councilors are recommended to visit their site and review the expansive list of information at www.hartfordmobility.com. Several members of the study committee will be present at the meeting to address any questions that may arise.

By late 2019, there were several initiatives in the Greater Hartford Region, such as the I-84 Hartford Project, CTfastrak expansion, Amtrak/Hartford Line Rail Corridor enhancements, I-84 / I-91 interchange improvements, East Coast Greenway planning, and expanded bicycle and pedestrian networks – each at different levels of completion. Because independently advancing one of these projects could possibly interfere or conflict with others, CTDOT decided to holistically assess these initiatives and other multimodal mobility improvement opportunities with one overarching study. In early 2020, the Greater Hartford Mobility Study (GHMS) was born!

The GHMS is considering the travel needs of people using all modes including bicycle, bus, car, train, truck, and walking to develop a plan for improved mobility. This is groundbreaking because while CTDOT and others have looked at multiple needs in individual studies before, they have never pulled so many initiatives together with the aim of providing a unified path forward. This holistic outlook will be reflected in one vision and plan to serve all mobility needs across Greater Hartford.

What will come out of this study? The study may recommend that one or more improvements be advanced into environmental review, design, and construction. As these mobility challenges are considered together and in relation to one another; only projects that support the overall vision and plan will move forward. This study will also consider how to prioritize these improvements to best achieve the goals set out in the plan with the available resources.

The GHMS will be actively informed by the public and stakeholders. This is critical because so many in Hartford and beyond depend on all modes to get where they need to go. Please check the study website regularly to seek out opportunities to weigh in on the study.

The study will be done in two phases. Phase 1 involves collecting data, analyzing traffic, determining mobility needs, and identifying concepts to study in Phase 2. Phase 2 will involve developing and evaluating alternatives to meet these needs. The entire study is expected to be completed in two to three years.
MEMORANDUM

To: Newington Town Council
From: James E. Krupienski, Town Clerk (on behalf of Keith Chapman, Town Manager)
Date: August 11, 2022
Re: Fee Updates: Fire Department & Fire Marshal Office

The Fire Marshal, DJ Zordan and Fire Chief, Jeffrey Trommer presented a request to include department specific fees during the July 26, 2022 Regular meeting. The Town Council will have the opportunity to review the issues that were discussed during the previous meeting, prior to adoption. The proposed fees were reviewed and approved by the Board of Fire Commissioners during their June 9, 2022 Regular meeting.

Mr. Zordan and Mr. Trommer will be available during the meeting to address any questions that may arise. Mr. Zordan has also supplied a survey of several towns and the fees that they charge for specific services.

A Resolution for each Department request has been included for your adoption this evening.

Attachments:
- Fees Schedule Survey
- Resolution - Additions to Fee Schedule-Fire Department, August 2022
- Resolution - Additions to Fee Schedule- Fire Marshal’s Office, August 2022
<table>
<thead>
<tr>
<th>Town</th>
<th>Area (Sq. Miles)</th>
<th>Population (2020)</th>
<th>NFIRS</th>
<th>Investigation</th>
<th>Blasting</th>
<th>Fireworks</th>
<th>Food License (Food Truck)</th>
<th>Open Burning</th>
<th>Inspection (After Hours)</th>
<th>Fire Watch (per hour/per person)</th>
<th>Plan Review * (Expedited)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newington</td>
<td>13.1</td>
<td>30,536</td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$65</td>
<td>$75</td>
<td>N/A</td>
</tr>
<tr>
<td>Rocky Hill</td>
<td>13.8</td>
<td>20,845</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td>$150</td>
<td>$25</td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wethersfield</td>
<td>13.1</td>
<td>27,298</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
<td></td>
<td>$65</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cromwell</td>
<td>12.9</td>
<td>14,225</td>
<td>$10</td>
<td>$250</td>
<td>$60</td>
<td>$150</td>
<td>$25</td>
<td>$25</td>
<td>$65</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Berlin</td>
<td>27</td>
<td>20,175</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
<td></td>
<td>$65</td>
<td></td>
<td></td>
</tr>
<tr>
<td>New Haven</td>
<td>20.1</td>
<td>134,023</td>
<td></td>
<td>$10</td>
<td>$60</td>
<td>$50</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Southbury</td>
<td>40.1</td>
<td>19,879</td>
<td></td>
<td>$10</td>
<td>$60</td>
<td>$100</td>
<td>$25</td>
<td>$10</td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thompson</td>
<td>48.7</td>
<td>9,189</td>
<td></td>
<td></td>
<td>$60</td>
<td>$100</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meriden</td>
<td>24.1</td>
<td>60,850</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td>$100</td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Old Saybrook</td>
<td>21.6</td>
<td>10,481</td>
<td></td>
<td></td>
<td>$60</td>
<td>$50</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beacon Falls</td>
<td>9.9</td>
<td>6,000</td>
<td></td>
<td>$10</td>
<td>$60</td>
<td>$50</td>
<td></td>
<td></td>
<td>$60</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Average Fee**

- NFIRS: $10
- Investigation: $175
- Blasting: $60
- Fireworks: $90
- Food License: $33
- Open Burning: $18
- Inspection (After Hours): $65
- Fire Watch: $53

**Proposed Fees - Town of Newington**

- NFIRS: $10
- Investigation: $200
- Blasting: $60
- Fireworks: $250
- Food License: $35
- Open Burning: $20
- Inspection (After Hours): $65
- Fire Watch: $50
- Plan Review * (Expedited): $300

* Many towns are charging additional fees for plan review - based on the total square footage of the project. It is not the intent of the Fire Marshal’s Office to implement additional fees. This fee is only if an architect/engineer/designer would like their plans reviewed sooner that the 30 days allowed by statute.
RESOLVED:

That the Newington Town Council hereby approves changes to various fees on the Town of Newington’s “Schedule of Fees and Charges” in accordance with the Newington Town Code, Chapter 225, Fees, and as indicated in the attached document, Fire Department Fees Listing, August 2022.

MOTION BY: ________________________
SECONDED BY: ____________________
VOTE: ____________________________
## Fire Department Fees Listing

(August 2022)

<table>
<thead>
<tr>
<th>1. Light Duty Rescue/Hazmat</th>
<th>$400.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Any rescue utilizing personnel and equipment in securing and protecting the scene. Services provided include the use of hand tools (ex. Cutting battery cables), absorbent material (Speedy Dry, Cat Litter), Reflective or Combustible warning devices.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2. Heavy Duty Rescue</th>
<th>$700.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Any or all the services of a Light Duty Rescue and the use of Hydraulic, Pneumatic, Electric or Gas-powered tools to free a victim from an entrapped state.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3. Technical Rescue</th>
<th>$1,000.00</th>
</tr>
</thead>
</table>
| - Technical Rescue includes but is not limited to Confined Space, Vertical or Search and Rescue situations.  
  - rescues that require specialized training, equipment, or units outside of fire suppression and auto extrication. |

<table>
<thead>
<tr>
<th>4. Hazardous Materials Response</th>
<th>$2,000.00</th>
</tr>
</thead>
</table>
| - A response to a substance or material that has been determined to be capable of posing an unreasonable risk to health, safety, and property when transported in commerce, and is designated as hazardous under section 5103 of Federal hazardous materials transportation law (49 U.S.C. 5103).  
  - In addition to the response fee an itemized statement of any equipment damaged, and supplies used during the incident will be charged to the insured. |

<table>
<thead>
<tr>
<th>5. Light Vehicle Fire</th>
<th>$400.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Vehicle fires that involve normal passenger vehicles to include passenger cars, vans, pickup trucks and SUVs.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>6. Heavy Vehicle Fire</th>
<th>$500.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Vehicle Fires that involve larger commercial vehicles to include over the road trucks, recreational vehicles (RV) and buses.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7. Structure Fires (Mobile Home)</th>
<th>$250.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobile Home</td>
<td>$250.00</td>
</tr>
<tr>
<td>- Any residence considered able to be moved via its own trailer built as part of the residence.</td>
<td></td>
</tr>
<tr>
<td>Fixed residence</td>
<td>$500.00</td>
</tr>
<tr>
<td>- Any residence permanently placed on a foundation, concrete pad or other type of location.</td>
<td></td>
</tr>
<tr>
<td>Industrial</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>- Structure Fire located in a business or industrial facility.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8. Standby Fee</th>
<th>$150.00 per hour</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Extended Standby after the initial call.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>9. Apparatus Standby (hourly)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Service/Utility Vehicle</td>
<td>$200.00 per hour</td>
</tr>
<tr>
<td>Engine</td>
<td>$300.00 per hour</td>
</tr>
<tr>
<td>Ladder</td>
<td>$500.00 per hour</td>
</tr>
</tbody>
</table>
RESOLVED:

That the Newington Town Council hereby approves changes to various fees on the Town of Newington’s “Schedule of Fees and Charges” in accordance with the Newington Town Code, Chapter 225, Fees, and as indicated in the attached document, Fire Marshal Fees Listing, August 2022.

MOTION BY: __________________________
SECONDED BY: ______________________
VOTE: ______________________________
# Fire Marshal Fees Listing  
(August 2022)

<table>
<thead>
<tr>
<th></th>
<th>Fee Description</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>NFIRS Report Request</td>
<td>$10.00 per report</td>
</tr>
<tr>
<td></td>
<td>- The National Fire Incident Reporting System (NFIRS) is the reporting system that the fire department is required to use by both the State of Connecticut and the United States Fire Administration. This is a basic report that provides information on the location of an incident, type of incident, services provided, personnel responding, along with various other data fields based upon the incident type.</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Fire Investigation Report Request</td>
<td>$200.00</td>
</tr>
<tr>
<td></td>
<td>- A fire investigation report, also referred as an Origin and Cause Report, is completed for all major fires within the town. This report contains specific information regarding the determination of where the fire started, the first fuel ignited, the ignition source, and the circumstances which brought the heat and fuel together. This report also includes copies of photographs, video documentation, witness statements, and sketches.</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Application for Blasting Permits</td>
<td>$60.00</td>
</tr>
<tr>
<td></td>
<td>- This fee is set forth and mandated by the State of Connecticut and is collected by each local municipality. A permit is generally valid for a period of thirty (30) days which requires each blaster to obtain a new permit every 30 days.</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Application for Fireworks Permit</td>
<td>$250.00</td>
</tr>
<tr>
<td></td>
<td>- The Connecticut General Statutes require a Local Fire Marshal to be on-site from the time that fireworks arrive through the discharge/clean-up of the show. This fee defers the cost from the operating budget of the Fire Marshal’s Office to the applicant for this required standby. This fee would be assessed prior to permit approval.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Application for Open Burning Permit</td>
<td>$20.00</td>
</tr>
<tr>
<td></td>
<td>- Any resident wishing to conduct open burning on their property must obtain a permit from the open burning official. This does not include the use of a fire pit/outside chimney/chimenea.</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>After-hours Inspection(s)</td>
<td>$65.00 approx. 2 hrs</td>
</tr>
<tr>
<td></td>
<td>- If an inspection is required to be done outside of normal working hours, this fee will cover the cost of a staff member for approximately 2 hours. Inspections that may be requested to be performed after hours usually include fire alarm acceptance testing, emergency lighting, or residential inspections to accommodate residents that work during normal business hours.</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Fire Watch</td>
<td>$50.00 per hr/person</td>
</tr>
<tr>
<td></td>
<td>- In the event that a fire watch is ordered and the property owner elects to have the Fire Marshal’s Office or Fire Department provide this service, the cost associated with staffing is passed directly to the property owner or business occupant. Fire watches are typically ordered when required fire protection is out of service and the building is still occupied.</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Plan Review – Expedited</td>
<td>$300.00</td>
</tr>
<tr>
<td></td>
<td>- The Connecticut General Statutes allows the Fire Marshal’s Office 30 days from the receipt of plans to review for compliance. Many times, property/business owner, developers, and architects request their plans to be reviewed quicker than 30 days. This fee will allow the staffing of personnel to the office for the specific purpose of plan review and the turn-around time will be no longer than 4 days.</td>
<td></td>
</tr>
</tbody>
</table>
Memorandum

To: Newington Town Council
From: James E. Krupienski, Town Clerk (on behalf of Keith Chapman, Town Manager)
Date: August 11, 2022
Re: Fire Department Apparatus Replacement – Engine 2

Currently, Engine 2, a 2003 Pierce Dash Pumper, is listed for replacement in the 2023-24 capital budget. Due to the poor condition of Engine 2, major rotting along the main frame of the truck, and the long wait time to receive these engines, it has been requested that we move this appropriation to the current fiscal year. By moving the request for the replacement forward, the Town would still see at least a 24-30 month waiting period, which could increase if held off until the 2023-2024 budget cycle.

Deputy Fire Chief, Jack Neskalada was supplied a project quote of $925,000.00 for the apparatus replacement. This would allow for the vehicle to be placed on the build schedule and prevent further delays. The Town Council would need to approve a Special Appropriation for the cost to replace and allow the Finance Director to encumber such funds to allow for the issuance of a Purchase Order.

A Special Appropriation, under Article VIII, Financial Provisions, Section C-807 Special Appropriations, would be necessary to ensure that the funds, once appropriated, would be encumbered for the requested purpose, under Section C-809, Effect of Appropriation.

Under the Town Charter, Article IV, Section C-408, Obligatory Referendum and Ordinance, a Special Appropriation in the amount of $925,000, shall be passed by Ordinance.

The process to adopt a Town Ordinance is dictated by the Newington Town Charter §C-405 & §C-406.

Upon introduction, the Council member moving the ordinance may only speak about the ordinance. A Public Hearing is proposed to take place prior to the August 23, 2022 Regular Meeting. In addition, you may make any amendments to the proposed language, after the conclusion of the Public Hearing. If approved, the adopted ordinance would go into effect 15 days after publication.

The proposed Draft Special Appropriation Ordinance has been reviewed by the Town Attorney. Included for your consideration this evening is the draft Resolution for introduction of the Ordinance and scheduling of the Public Hearing.

Attachments:
- Draft Resolution and Draft Special Appropriation Ordinance
INTRODUCTION,

I hereby introduce for the Town Council’s consideration the proposed Special Appropriation Ordinance for the purchase of a replacement fire apparatus for Engine #2.

Introduced by:________________________

RESOLVED,

That the Newington Town Council hereby schedules a Public Hearing on August 23, 2022 at 6:45 PM to consider the proposed Special Appropriation Ordinance for the purchase of a replacement fire apparatus for Engine #2.

MOTION BY:________________________
SECONDED BY:_____________________
VOTE:_____________________________
Ordinance 2123-04
Ordinance Adopting a Special Appropriation for the Purchase of Fire Apparatus

WHEREAS, the Town Council has been notified by the Fire Department that a 2003 Pierce Dash Pumper, known as Engine #2, is experiencing and will continue to experience structural damage caused by the rotting of the main truck frame; and

WHEREAS, the replacement of Engine #2 was originally scheduled to take place during the 2023-2024 Capital Improvement Plan; and

WHEREAS, the industry is currently seeing an excessive backlog of vehicles due to increased costs of steel, resins, transportation and shortages of necessary components; and

WHEREAS, the Town of Newington Charter allows for a Special Appropriation from any unappropriated and unencumbered balance in the Town treasury, and

NOW, THEREFORE, to meet the needs and safety of the community, BE IT ORDAINED BY THE TOWN COUNCIL OF THE TOWN OF NEWINGTON:

Section I: That there is currently available within the General Fund, an unencumbered and unappropriated balance to meet the requested Special Appropriation.

Section II: In accordance with Section 808 of the Newington Town Charter, the Director of Finance certifies that there exists, free from encumbrances, in the General Fund, the amount listed below:

<table>
<thead>
<tr>
<th>From: Account # 1-4999</th>
<th>Fund Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$925,000.00</td>
</tr>
</tbody>
</table>

Janet Murphy, Director of Finance

Section III: That the Newington Town Council hereby transfers the above-certified funds to the following account in the Capital Improvement Fund:

To: Account #: 32500-88142 Public Safety Equipment Reserve $925,000.00

Section IV: The Director of Finance, upon the adoption of the ensuing Ordinance is directed to encumber the Special Appropriation, in the amount of $925,000.00, for the acquisition of a replacement vehicle for Engine #2.

Section V: THIS ORDINANCE shall be in full force and effect from and after its passage, and such encumbrance shall not lapse, unless repealed by no less than six votes of the Newington Town Council, or the delivery and acceptance of the vehicle for which this encumbrance was made.

A copy of this proposed ordinance is available in the Town Clerk’s Office, 200 Garfield Street, Newington, CT.

Dated at Newington, CT the day of , 2022.

Attested: James E. Krupienski
Newington Town Clerk
AGENDA ITEM: 9.A

DATE: 8/16/2022

RESOLUTION NO. 2022-

RESOLVED:

That property tax refunds in the amount of $3,180.41 are hereby approved in the individual amounts and for those named on the “Requests for Refund of an Overpayment of Taxes,” certified by the Revenue Collector, a list of which is attached to this resolution.

MOTION BY: ________________________
SECONDED BY: _____________________
VOTE: _____________________________
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCAP Auto Lease LTD</td>
<td>1601 Elm St Ste 800</td>
<td>$279.24</td>
</tr>
<tr>
<td>EAN Holdings LLC</td>
<td>Enterprise Rent A Car</td>
<td>$624.06</td>
</tr>
<tr>
<td>Gelinas, Scott</td>
<td>16 Ledgecrest Dr</td>
<td>$34.57</td>
</tr>
<tr>
<td>Ibarrola, Jaime</td>
<td>95 Waverly Dr</td>
<td>$16.23</td>
</tr>
<tr>
<td>Mittica, James or Cheryl</td>
<td>91 Windmill Ln</td>
<td>$110.02</td>
</tr>
<tr>
<td>Panchyshyn, Vasy or Iryna</td>
<td>8 Hopkins Dr</td>
<td>$72.19</td>
</tr>
<tr>
<td>Petrozzi, Edward</td>
<td>17 Churchill Way</td>
<td>$92.64</td>
</tr>
<tr>
<td>Pistritto, Joseph</td>
<td>81 Dalewood Rd</td>
<td>$26.78</td>
</tr>
<tr>
<td>Scanlon, John</td>
<td>61 Taft Ave</td>
<td>$27.40</td>
</tr>
<tr>
<td>Shah, Damini</td>
<td>55 Waverly Dr</td>
<td>$18.11</td>
</tr>
<tr>
<td>Stamm, Maura</td>
<td>121 Forest Dr</td>
<td>$23.54</td>
</tr>
<tr>
<td>Stonehedge Landscaping Co</td>
<td>Po Box 310440</td>
<td>$393.81</td>
</tr>
<tr>
<td>Toyota Lease Trust</td>
<td>20 Commerce Way Ste 800</td>
<td>$251.76</td>
</tr>
<tr>
<td>Veerappan, Anuradha or Arun</td>
<td>77 Clarendon Terr</td>
<td>$49.53</td>
</tr>
<tr>
<td>Williams, Robert Jude</td>
<td>10-1B Woodsedge Dr</td>
<td>$585.66</td>
</tr>
<tr>
<td>Yang, Mei</td>
<td>150 Paxton Way</td>
<td>$574.87</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>3,180.41</strong></td>
</tr>
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MEMORANDUM

To:       Newington Town Council
From:     James E. Krupienski, Town Clerk (On behalf of Keith Chapman, Town Manager)
Date:     August 11, 2022
Re:       Memorandum of Understanding (MOU) Between the Board of Education and Town of Newington – Financial Access

The Town and the Board of Education are interested in entering into a Memorandum of Understanding (MOU) to allow for Financial access during the Fiscal Year 2022-2023. The proposed MOU would allow the Board of Education and the Town to review and reconcile accounts. This MOU would be in place for the 2022-2023 fiscal year, but may be extended by agreement of each party.

This item is proposed to move forward to the August 23, 2022 Regular Meeting, at which time the Town Council may act to authorize the Town Manager to execute the MOU on your behalf. A draft Resolution has been included for your review and discussion this evening.

Attachment:
- Draft Resolution - Memorandum of Understanding (MOU) – Financial Access
RESOLVED,

That the Newington Town Council hereby authorizes Keith Chapman, Town Manager, to execute a Memorandum of Understanding (MOU) between the Town of Newington and the Board of Education, to allow for Financial transparency. This MOU shall be relative to the FY 2022-2023, but may be extended by agreement of each party. A copy of the fully executed MOU shall be attached to this resolution.

MOTION BY: _______________________
SECONDED BY: ___________________
VOTE: _________________________
MEMORANDUM OF UNDERSTANDING
FINANCIAL ACCESS
BETWEEN THE
NEWINGTON BOARD OF EDUCATION
AND
THE NEWINGTON TOWN COUNCIL

Whereas the Newington Board of Education and the Newington Town Council want to ensure Financial transparency between the Board and the Council.

Whereas the Town would like read only access to identified areas of the Board’s financials.

Whereas the Town would like to provide the Board ongoing access to their Finance System for account review/reconciliation purposes.

Now, therefore, the Newington Board of Education acting through the Superintendent of Schools, Dr. Maureen L. Brummett and the Town Council acting through the Town Manager, Keith Chapman agree to the following Memorandum of Understanding:

1. The Board of Education agrees to establish a read only access process to the agreed upon Board financial documents for the Town no later than July 1, 2022.

2. The Board’s Chief Financial Officer will work with the Town Finance Director to identify the financial documents to be accessed.

3. The BOE will be provided access to Town financial system no later than July 1, 2022. This will allow the BOE ongoing access to their own account balances for review/reconciliation purposes.

4. This agreement is in effect for the 2022-23 fiscal year and can be renewed annually upon agreement of the Town Council and the Board of Education.

For the Newington Board of Education

By ________________________________
Dr. Maureen L. Brummett
Superintendent of Schools

For the Town of Newington

By ________________________________
Keith Chapman
Town Manager
Mental Health Awareness

Mental health awareness is not just a once a year event. Mental health awareness is every day and every month. Would you drive on flat tires or go skydiving without a parachute? No-So why would you ignore your mental health? Paying attention to your emotional, psychological and social well-being is important! Stress, anxiety, and environmental factors all affect your mental state. It’s OK to ask for HELP. Below are a few mental health resources. If you need further help in finding a resource, please contact the Human Services dept. at 860-665-8597

National Suicide Prevention Lifeline 1-800-273-8255 or Text to 988

The Trevor Project (LGBTQ) 1-866-488-7386 or Text to 678678

CT’s Substance Abuse Access Line 1-800-563-4086

Sexual Assault Crisis Services 888-999-5545 (24hr. hot line)

Adult/Elderly Mental Health Crisis 1-800-273-8255 860-895-3100 (24hr Hotline)

Adolescent Emergency Mental Health (Mobile Crisis) 211 or 860-223-2778

Peer Support Warmline 1-855-467-3669 (Statewide phone-based peer support group for young adults (12pm-9pm)

CT Coalition Against Domestic Violence 1-888-774-2900
You have probably been told to watch your sugar intake. You have probably been told it's bad for you. But you probably have not been told...

- Consuming too much added sugar increases heart disease risk factors such as obesity, high blood pressure, and inflammation. High-sugar diets have been linked to an increased risk of dying from heart disease.
- High-sugar diets can increase androgen secretion, oil production and inflammation, all of which can raise your risk of developing acne.
- A high-sugar diet may lead to obesity and insulin resistance, both of which are risk factors for type 2 diabetes. And can lead to visceral fat accumulation.
- Too much sugar can lead to obesity, insulin resistance and inflammation, all of which are risk factors for type 2 diabetes and cancer.
- A diet rich in added sugar and processed foods may increase depression risk in both men and women.
- Sugary foods can increase the production of AGEs, which can accelerate skin aging and wrinkle formation.
- Eating too much sugar can accelerate the shortening of telomeres, which increases cellular aging.
- Eating too much sugar may lead to NAFLD, a condition in which excessive fat builds up.
- Consuming too much sugar may worsen cognitive decline, increase gout risk, harm your kidneys and cause cavities.

Here are some tips on how to reduce your intake of added sugars:

- Swap sodas, energy drinks, juices and sweetened teas for water or unsweetened seltzer.
- Sweeten plain yogurt with fresh or frozen berries instead of buying flavored, sugar-loaded yogurt.
- Consume whole fruits instead of sugar-sweetened fruit smoothies.
- Use olive oil and vinegar in place of sweet salad dressings like honey mustard.
- Look for cereals, granolas and granola bars with under 4 grams of sugar per serving.
- Instead of jelly, slice fresh bananas onto your peanut butter sandwich.
- Use natural nut butters in place of sweet spreads like Nutella.

The best way to limit your added sugar intake is to prepare your own healthy meals at home and avoid buying foods and drinks that are high in added sugar.
The Food Bank is available to Newington residents facing financial hardship. If your household income falls below 235% of the poverty, you may be eligible for our Food Bank. You must provide proof of residency, identification and all sources of income for all household members. Please call (860) 665-8590 to schedule an appointment to meet with a staff member.

Good news!!! our food bank is open (eliminate and) for personal shopping! You will now have 2 options of receiving food – either personal shopping or continue with the Grab and Go style (pre-packed food items). You will need to call to pre-schedule your monthly food bank visit for either option. Our hours of operation include Tuesdays 12pm-3pm; Thursdays 9am-12pm and the 2nd and 4th Monday from 4pm-6:45pm.

The Food Bank is seeking donations......
We are in need of: *canned and boxed food items, laundering, cleaning and health and beauty products.*
Please call 860 665-8590 to schedule a time to drop off your donation. *We thank you in advance!!*

Human Services Department
(We are located across from the Lucy Robbins Welles Library)

We serve residents of all ages with a goal of achieving maximum quality of life by increasing knowledge, skills, and self-sufficiency through a combination of social casework, positive youth development, clinical counseling and education, and a connection to community services. We offer financial assistance with basic needs as a bridge to an ongoing solution, Food Bank & Holiday Food and Gift Program, resource referrals and guidance in navigating the bureaucratic maze of resources and assistance systems.

We offer clinical youth and family counseling on a sliding fee scale, psycho-educational groups, informational presentations on achieving maximum well-being, and connection to mental health and/or substance abuse awareness. A Juvenile Review Board is utilized as a restorative justice program that hold youth accountable for low-level misbehavior while diverting them from any court processing or formal arrest record. If you or a loved one might benefit from any of these services –please call our main number 860-665-8590 and we will point you in the right direction.

Please check out our Department video that introduces you to staff and thanks our volunteers.

https://www.youtube.com/watch?v=_pMQ3UJHePE
The Clinical Corner

“What drains your spirit drains your body. What fuels your spirit fuels your body.” (C Myss)

Developing your Wellness Toolbox

Here are a few ideas as to how to create your own wellness toolbox to help you stay mentally, and emotionally fit.

1. Relaxation and stress reduction exercises. Quieting the mind.
3. Create positive affirming activities. Staying positive.
4. Surround yourself with people who are positive, affirming and loving. Create a judgement free zone.
5. Make a list of your accomplishments. Pat yourself on the back!
6. Spend 10 minutes writing down everything good you can think of about yourself. Stop being your own worst critic.
7. Practice Mindfulness. Focus on and appreciate the present.
8. Create a “pick me up” playlist. Who hears music, feels his solitude.” (W. Whitman)

With $16 Million Gift, Columbia Establishes Treatment Center and Clinical Trials Network for Lyme and Tick-Borne Diseases

A new center that will provide specialized care for patients with Lyme disease and other tick-borne diseases will begin seeing patients this summer at Columbia University's Vagelos College of Physicians and Surgeons. The Cohen Center for Health and Recovery from Tick-Borne Diseases, supported by a $16 million gift from the Steven & Alexandra Cohen Foundation, will be the first in New York City to offer dedicated treatment for people with Lyme and related diseases.

The foundation’s gift will also fund a national clinical trials network that will focus on identifying more effective treatments for patients with Lyme and tick-borne diseases. “There is a growing need for evidence-based treatments for patients with Lyme and other tick-borne diseases,” said Anil Rustgi, MD. “We know firsthand the devastation that Lyme and tick-borne diseases can cause.” said Alex Cohen, president of the Steven & Alexandra Cohen Foundation.

The Lyme Disease Support Group meets via Zoom the 3rd Saturday of month. If interested please contact Ann McAdams at 860-665-8597 or at amcadams@newingtonct.gov

Did You know?

Our Youth Services Middle School SCORE program (Student Challenge of Recreation & Education) brochure will be available by email on August 23, 2022.

We will also be emailing copies to our parent contact list and distributing through the Middle School Principal's E-Newsletter. There are after school, Saturday and holiday programs for students in grades 5 through 8.

Up Coming Events

September is….National Recovery Month

As we approach Recovery Month in September we hope this newsletter might be helpful. Here are some online resources.

Get info on opioids & other substances:
DrugfreeCT.org

Where to find counseling or substance use disorder treatment programs:
www.211.org/get-help/substance-use

Places to obtain Naxlone from a pharmacy:
Bit.ly/NarcanCT

Connect & get help if you or someone you know is struggling:
https://liveloud.org/