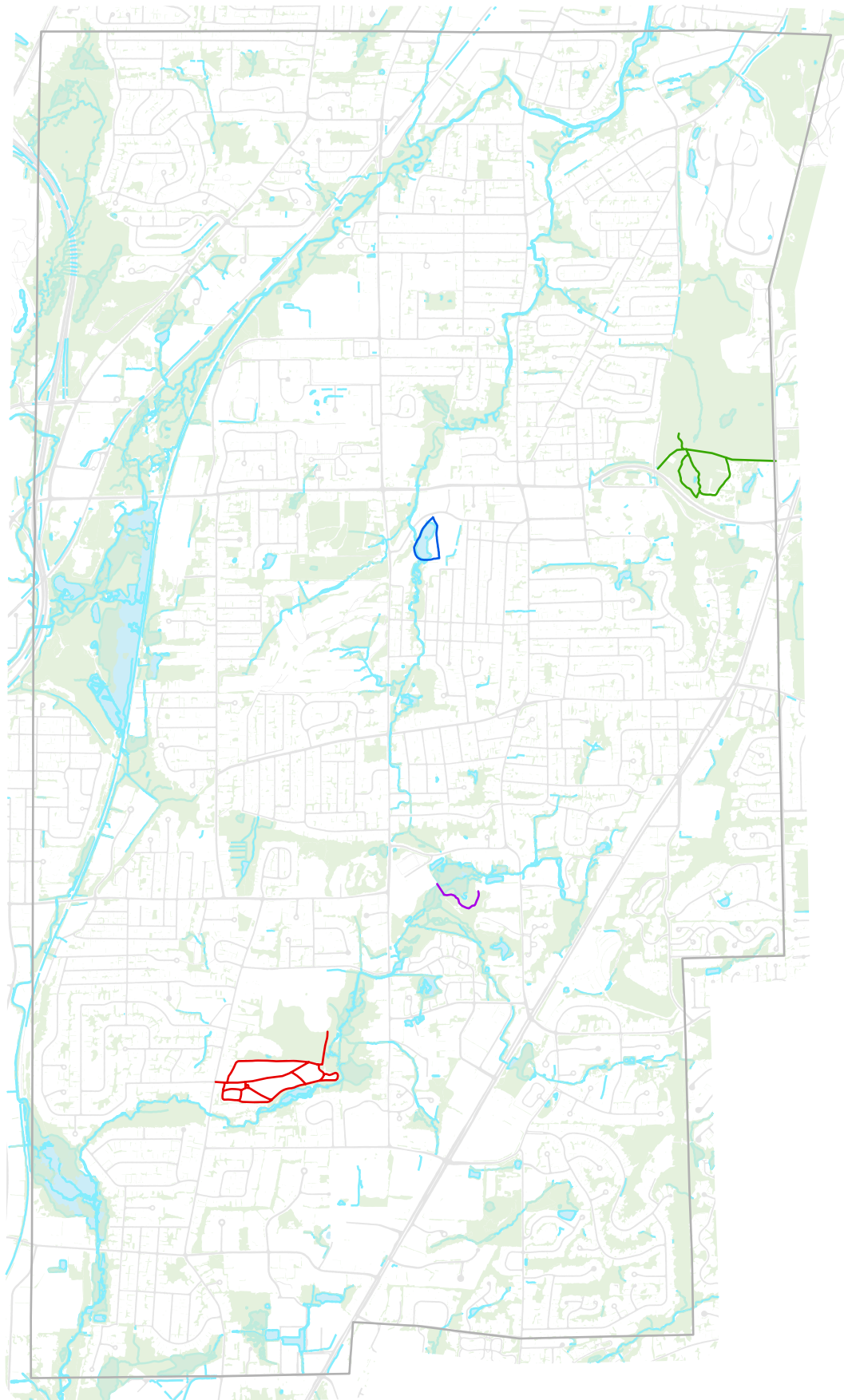


Town of Newington Trail Guide



Trails

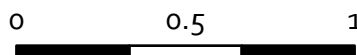
- Cedar Mountain
- Deming Young Farm
- Mill Pond
- Robert Stanley Nature Trail



Town of Newington



Connecticut



Miles



Bob Stanley Nature Trail

1989 Main Street

The **Robert "Bob" Stanley Trail** connects Churchill Park and the Clem Lemire Recreation Complex.

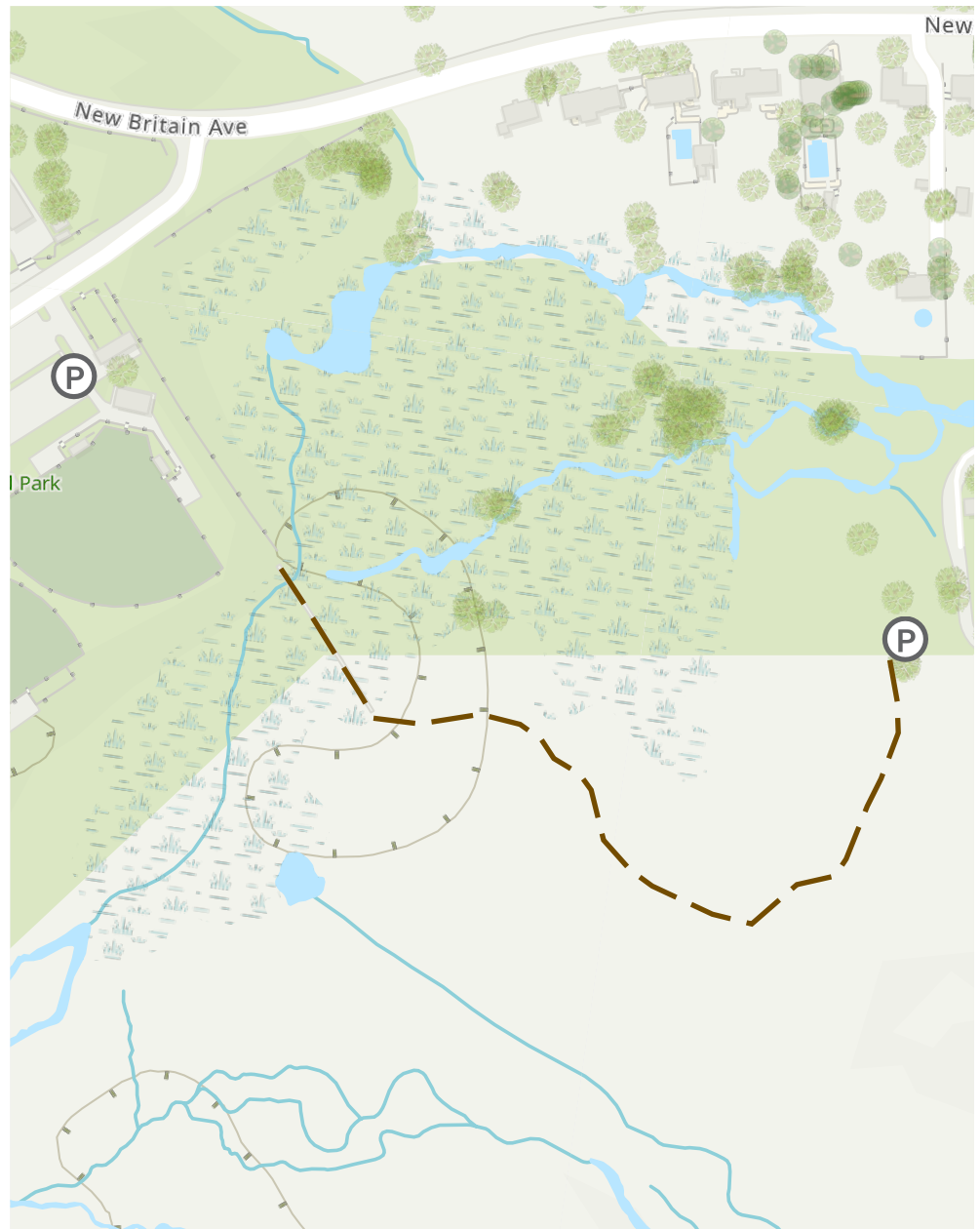
The trail begins with a wooded path and eventually crosses over a wetlands boardwalk before ending by the little league field. This path was dedicated to Bob Stanley, who served as the superintendent of Newington Parks and Recreation from 1973 to 2004.

Approximate distance:
0.25 miles (0.5 miles out and back)

Approximate elevation gain:
22 feet

Parking: Parking lots are located at Churchill Park (1989 Main Street) and at the Clem Lemire Recreation Complex (Balducci Way)

Open from dawn until dusk





Cedar Mountain Trails

38 Mountain Road

Cedar Mountain offers a unique opportunity to enjoy the outdoors as Newington's main hiking trail network. The trails have a diverse blend of trees, birds, and wildlife, and are a great place to stargaze.

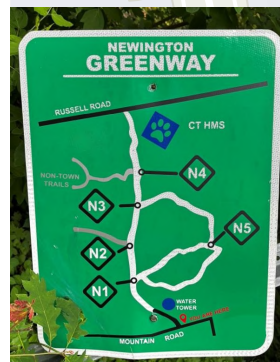
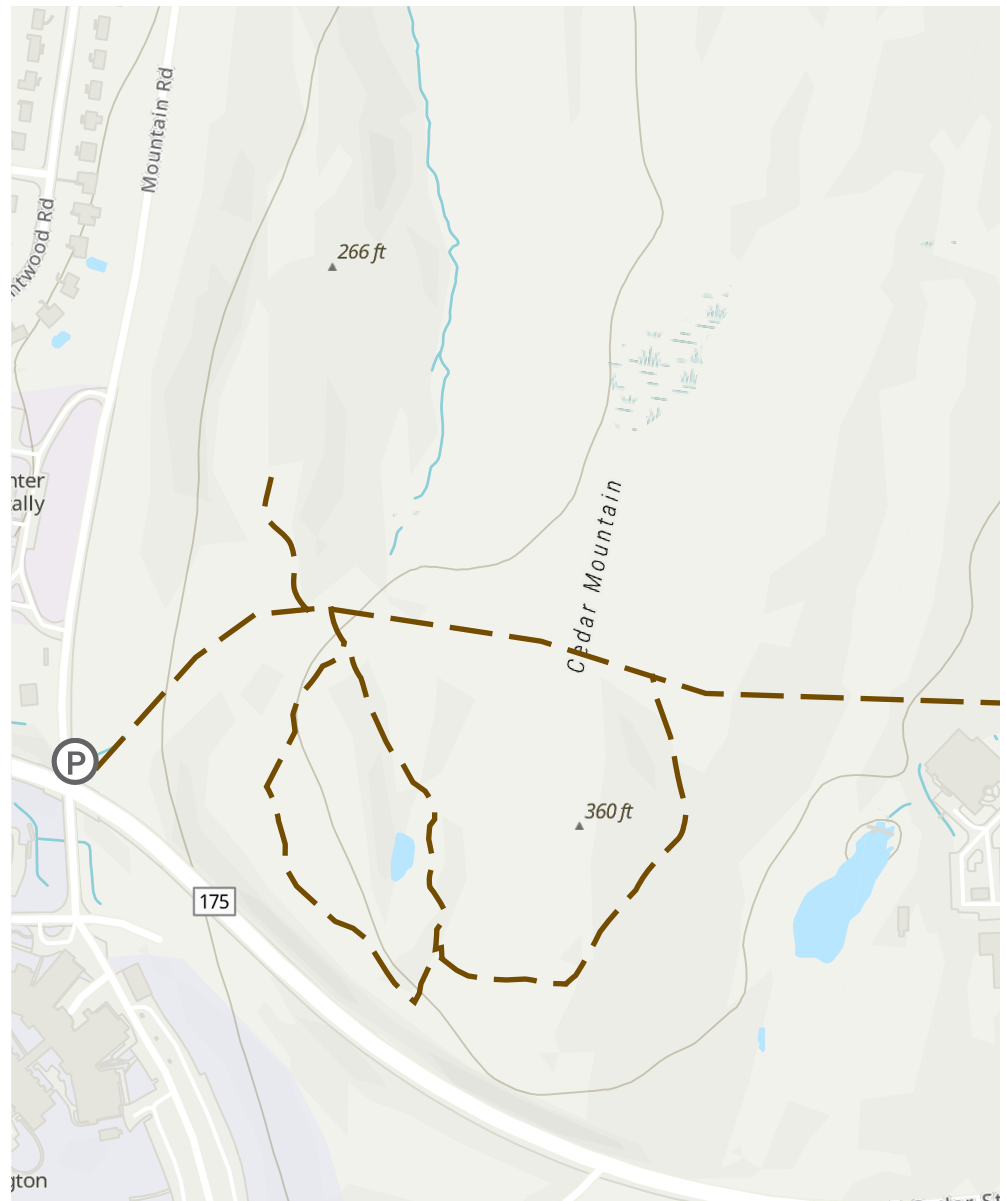
There are several trails available to hike. Terrain varies by trail and includes gravel, grass, and wooded paths.

Approximate distance:
Trail distance will vary by route. The main road is approximately 0.5 miles long.

Approximate elevation gain:
Elevation gain will vary by route. Depending on the trail is ranges from approximately 23 to 157 feet.

Parking: On-street parking is available on Mountain Road. There is no access from East Cedar Street.

Open from dawn until dusk





Deming Young Farm Trails

282 Church Street

The **Deming Young Farm** contains over 50 acres of open hiking space.

The trails are mostly comprised of interconnected mowed paths. There is a connection trail in the rear of the property that follows along a stream through the woods to John Wallace Middle School.

Approximate distance:
Trail distance will vary by route, most paths are under one mile.

Approximate elevation gain:
<100 feet for all paths

Parking: A gravel parking lot is located at the Deming Young Farm house.

Open from dawn until dusk





Mill Pond Trail

123 Garfield Street

The **Mill Pond Trail** is a paved walking path around the scenic Mill Pond, just shy of a half-mile.

The trail passes over several bridges and most notably Mill Pond Falls, an iconic symbol for the Town of Newington. Mill Pond is home to lots of wildlife including ducks, geese, and turtles.



This trail is handicap accessible

Approximate distance:
0.4 mile loop

Approximate elevation gain:
6 feet

Parking: An ADA accessible parking lot is located on the corner of Browning Avenue and Hillcrest Avenue.

Open from dawn until dusk



Parking

Trail