



Fun Night at Healthtrax **375 East Cedar Street**

Saturday, July 30, 5:00–8:30 P.M.

Join library staff for a fun-filled exercise evening: swimming, Zumba, spin classes, basketball, crafts, snacks & more. Registration is required at the Adult Information Desk or by calling 860-665-8700.

Waivers must be signed at Healthtrax for all participants.



Lucy Robbins Welles
LIBRARY



Here is some additional information to know about our event

Please remember to bring the following:

Bathing Suit

Towel

Sneakers

Flip flops

Gym clothes



We will have snacks from TJ's on Cedar, Outback Steakhouse, and more!

There will be separate events for children, teens and adults - including an obstacle course and chair massages!



A waiver will have to be signed by parents/legal guardians. Waivers can be filled out in advance and brought to the event. Waivers will be available at the Adult Information Desk and Children's Information Desk.