

## Newington Food Bank

### **Who is eligible?**

The Newington Food Bank is available to Newington residents facing financial hardship, who fall under the 235% poverty guidelines. You must provide proof of current Newington residency, income and assets, and household members.



### **How can I register?**

You need call 860-665-8590 to schedule an appointment with either Carol LaBrecque or Pam Wassik. An appointment will be scheduled to determine eligibility for the Food Bank and other financial assistance resources such as food stamps and energy assistance.

### **Where is it located?**

The Newington Food Bank is located in Town Hall.

### **What kinds of items are available?**

The majority of items are nonperishable food items. We do have some frozen and refrigerated items. We also have limited hygiene and household products.

### **How much can I get?**

The number of bags you are allowed is based on your household size. The food bank should be considered a **supplement** to your groceries. It will not meet your full monthly needs.

### **How often can I use it?**

Use is limited to once a month. Exceptions may be considered on an individual basis for extenuating circumstances. Contact Carol or Pam for approval of same.

### **When is it open?**

Tuesday afternoons: 12:00pm-3:00pm    The second and fourth Monday 4-6:30pm  
Thursday mornings: 9:00am-12:00pm

## Open Air Market At Market Square Parking Area 2016 Schedule Mobile Foodshare Truck

**Every other week 11:30am-12:00pm**, please arrive by 11:45 so that you have time to shop. Eligible food bank patrons can select fresh produce & other available items from the Foodshare truck. **Only registered** food bank recipients are allowed to access this market.

*Wednesday, January 6, 20*  
*Wednesday, February 3, 17*  
*Wednesday, March 2, 16, 30*  
*Wednesday, April 13, 27*  
*Wednesday, May 11, 25*  
*Wednesday, June 8, 22*

*Wednesday, July 6, 20*  
*Wednesday, August 3, 17, 31*  
*Wednesday, September 14, 28*  
*Wednesday, October 12, 26*  
*Wednesday, November 9, 23*  
*Wednesday, December 7, 21*

