



## MISSION

Newington Challenge Course is committed to the philosophies of experiential education and challenge by choice. This offers participants the encouragement to be involved at their own pace and comfort level.

## BENEFITS

- Communication
- Trust
- Strategic Planning
- Risk Taking
- Creative Thinking
- Integrity
- Increased Self-Confidence
- Conflict Resolution
- Valuing Differences

## FOR MORE DETAILS:

About programming and pricing, please call:  
Challenge Course Manager Rik Huggard at  
860-665-8594 or email:

[rhuggard@newingtonct.gov](mailto:rhuggard@newingtonct.gov)

## NEWINGTON CHALLENGE COURSE

Newington Human Services  
131 Cedar Street  
Newington, CT 06111  
(Challenge Course location is at  
281 Milk Lane, Newington, CT)

# NEWINGTON CHALLENGE COURSE



# Challenge By Choice



## Elements

What is a challenge course? It is a specially designed obstacle course with unique elements, low and high, that stimulate group and individual development. Our low element activities are from 0-9 feet above the ground. Our high elements range from 15 - 40 feet above the ground and utilize climbing harnesses, ropes and helmets.

In addition to low and high elements, there are plenty of open areas for large group games, small group initiatives, and end-of-the-day reflections.

Our philosophy of practice is "Challenge By Choice" which encourages people to set goals and participate at a level that works best for them. All choices are supported. There is something here for everyone!

Our staff will collaborate with you to design a meaningful and affordable experience. We provide adventure and teambuilding experiences for all types of organizations including schools, college organizations, athletic teams, corporate groups, youth services, church youth groups and many more. We are also able to bring our teambuilding programs to your site.

Please call or email NCC Manager Rik Huggard at (860) 665-8594 or [rhuggard@newingtonct.gov](mailto:rhuggard@newingtonct.gov) for any inquiries.

**Newington Challenge Course is located on 281 Milk Lane (next to the Newington Highway Dept.) in Newington, CT.**

You can discover more about a person  
in one hour of play than in a year of  
conversation

Plato