

The Many Faces of Depression *Community Forum*

Wednesday, October 8, 2014

6:30-8:00pm

*Newington Town Hall
Auditorium*

131 Cedar Street

Newington, CT 06111



Mental Health professionals will share information about:

- **myths, realities and hope**
- **depression symptoms (both hidden and visible)**
- **how depression manifests itself in youth, teens, adults and seniors**
- **confidential depression screening options**
- **ways to reach out to those who may be depressed or care about someone who may be depressed**
- **depression treatment options**
- **where to get support and resources**

Presentations will be followed by a Question & Answer period

Please call if you would like to schedule a free depression screening.

**Sponsored by Newington Department of Human Services
860-665-8590**